## HIDEOUS BEAST presents



at InCUBATE

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## DO STUFF!!!

Hideous Beast is producing a series of activities and events as part of our residency at InCUBATE (link). Join us as we DO STUFF!!! this July. Below is a list of dates and times for planned activities, followed by a description and explanation of how to participate. Please visit our site for more detailed information and updates at hideousbeast.com

All events take place at InCUBATE 2129 N. Rockwell, Chicago, IL (map)

MEDIAreport // Wednesdays from 7-10 pm (July 2, 9, 16, 23)

**SWEATtime** // Tuesdays from at 9-10 pm (July 8, 15, 22, 29)

Hideous Beast makes Sunday Soup! // Sunday, July 27, 1-4 pm

PowerPoint Extreme! Workshop // Wednesday, July 9, 7-10 pm

PowerPoint Extreme!: Groups and Spaces // Thursday, July 17, 8-10 pm

Mini Movie Fest Workshops // Wednesdays, July 16 + 23, 7-10 pm MMF: How Do You Entertain Yourself? // Friday, July 25, 8-10 pm

MEDIAreport // Wednesdays from 7-10 pm (July 2, 9, 16, 23)

These sessions will use book report assignments as a way to analyze popular media. Participants will complete assignments for any books, magazines, televisions shows or movies they consume. At the end of the month we will present our findings for an event at InCUBATE.

Anyone is welcome to attend. Materials and some refreshments will be provided but participants are encouraged to bring supplies to share.

**SWEATtime** // Tuesdays from at 9-10 pm (July 8, 15, 22, 29)

Get buff and tuff every Tuesday by working out to old fitness videos like Jane Fonda, Rock Hard Abs, Richard Simmons and Buns of Steel. Dress up as your favorite fitness star or bring your own workout tape.

After the workout we will revitalize with fresh fruit and vegetable juice made with a juicer! Bring fruits and veggies to share (some will be provided).

Hideous Beast makes Sunday Soup! // Sunday, July 27, 1-4 pm

Hideous Beast will prepare a tasty soup for InCUBATE's ongoing Sunday Soup project. All the profit from soup sales goes toward a monthly grant. Proposals for Soup Grants are open to anyone. The grants are awarded by votes from those who bought soup during the month. More info at http://www.incubate-chicago.org/sundaysoupfaq.html

PowerPoint Extreme! Workshop // Wednesday, July 9, 7-10 pm PowerPoint Extreme!: Groups and Spaces // Thursday, July 17, 8-10 pm

PowerPoint Extreme! is an evening of performances that brings PowerPoint out of the office and into the art space, addressing the weirdness, tedium, and sheer ubiquity of this medium. What the hell needs to be explained by a PowerPoint slideshow? - OR - What isn't PowerPoint good for?

For this event we are inviting Chicago artist groups and spaces to present their endeavor through an offbeat use of PowerPoint. We encourage twisted applications of PowerPoint's structure and aesthetics, especially as they pertain to the group or space's particular interests. If you are involved in a Chicago-based artist group or space and would like to participate, please contact us!

The workshop will provide technical assistance in creating PowerPoint slideshows as well as examples of alternative uses of the medium.

Mini Movie Fest Workshops // Wednesdays, July 16 + 23, 7-10 pm Mini Movie Fest: How Do You Entertain Yourself? // Friday, July 25, 8-10 pm

Deadline for submissions: July 25, 2008

Mini Movie Fest is an event for screening a selection of Mini Movies before a live audience. A Mini Movie is a low quality digital film clip taken with a digital still camera, videophone. Anyone may submit Mini Movies – we will show every submission.

What do you do for kicks? What is entertainment? What is entertaining? Does entertainment exist only in the times between basic survival activities? Or does it overlap with survival? These are the questions we are asking participants to address through their Mini Movies.

## Guidelines for Submissions:

- Produce a short 1-3 minute video that addresses the theme of Entertainment.
  This can be in parts (such as Part 1, 2, 3) with a maximum total time of 9 minutes.
- Upload your videos to http://minimoviefest.boostcast.com
- Sorry, our video-sharing site is limited to 100MB per file maximum for uploading.
- Contact us with any questions: info@hideousbeast.com

Prior to the screening we will be hosting a workshop for making Mini Movies. Equipment and technical assistance will be provided.